

Welcome to A-Level Physical Education

Before you start in September there are a few things for you to grasp:

- It is well worth reading the course [specification](#), this will show you how the course is delivered and the topics you will be studying over the next two years.
- The A-Level course is split into three exam papers and non-examined assessment. Each paper focuses on a different area of sport studies: Physical factors affecting performance, psychological factors affecting performance and sport and society. Each paper will be taught by a different teacher, allowing them to focus on their specialist area and ensuring you have the highest quality teaching.
- A big part of A-Level PE is the practical element. To understand how you are practically assessed have a look at the guide to [non-examined assessment](#).
- Your practical grade is assessed via a video that you produce throughout you're A-Level study. The onus is on you to record your practical performances, we do not have any practical lessons as part of your A-Level. So, if you can start filming your performances now, you will be able to produce a much better video when you reach Year 13.

Read	Watch	Listen	Follow
<ul style="list-style-type: none"> o Specification o Non-examined assessment o Course Glossary 	<ul style="list-style-type: none"> o Icarus o The English Game o Tour de France: Unchained o The Redeem Team o Building Jerusalem o 99 o The Last Dance o Full Swing 	<ul style="list-style-type: none"> o The Sport Psych Show o Debunking myths around exercise and nutrition o How Klopp built a team around youth. o Reflections a rugby world cup o The art of winning 	<ul style="list-style-type: none"> • BBC Sport • Sky Sports News • TNT Sports ● @danroan ● @JNorthcroft ● @_pauljoyce ● @tntsports ● @MarkOgden_